

External Asset Checklist

If you believe you have any of the following Assets, check the box marked “achieved.” If you wish to target any of the assets, check the box marked “targeted.” If neither applies to you, leave it blank.

SUPPORT	<i>TARGETED</i>	<i>ACHIEVED</i>
1. Family Support - Your family life provides you with high levels of love and support.		
2. Positive Family Communication - You and your parent(s) communicate positively and you are willing to seek advice and counsel from your parent(s).		
3. Other Adult Relationships - You receive support from three or more non-parent adults.		
4. Caring Neighborhood - You experience caring neighbors.		
5. Caring School/Work Climate - Your school/work provides you with a caring and encouraging environment.		
6. Parent Involvement in Schooling - Your parent(s) are actively involved in helping you succeed in school.		

EMPOWERMENT	<i>TARGETED</i>	<i>ACHIEVED</i>
7. Community Values Youth - You perceive that adults in the community value youth.		
8. Youth as Resources - You are given useful roles in the community.		
9. Service to Others - You serve in the community one hour or more per week.		
10. Safety - You feel safe at home, school, and in the neighborhood.		

BOUNDARIES/EXPECTATIONS	<i>TARGETED</i>	<i>ACHIEVED</i>
11. Family Boundaries - Your family has clear rules and consequences and monitors your whereabouts.		
12. School/Work Boundaries - Your school/work provides clear rules and consequences.		
13. Neighborhood Boundaries - Your neighbors take responsibility for		

monitoring young people's behavior		
14. Adult Role Models - Your parent(s) and other adults model positive, responsible behavior.		
15. Positive Peer Influence - Your best friends model responsible behavior.		
16. High Expectations - Your parent(s) and teachers/bosses encourage you to do well.		

CONSTRUCTIVE USE OF TIME	<i>TARGETED</i>	<i>ACHIEVED</i>
17. Creative Activities - You spend three or more hours per week in lessons or practice in music, theater, or other arts.		
18. Youth Programs - You spend three or more hours per week in sports, clubs, or organizations at school and/or in the community.		
19. Religious Community - You spend one or more hours per week in activities in a religious institution.		
20. Time at Home - You are out with friends with "nothing special to do" two or fewer nights per week.		